Step 10:
After you have completed the final row of the last color block, ladder stitch 2x R10G to the last 2 R10G added. Figure 10a. Using the same method, create a strip of ladder stitch $2 \times$ R10G wide and 18 rows long. Join the final ladder stitched pair to the remaining $2 \times$ R1oG at the end of the rope. Pass through the connecting rocailles again to secure the join. Tie off and trim all remaining threads. Figure 10 b.


## 10b.

Step 11:
To fasten, pass the ribbon through the loop at either end of the rope and tie a bow. Figure 11.


## To wear the twisted bracelet:

## Step 12:

Hold one of the loops against the wrist and wrap the rope around the wrist a single time. Pass the remaining rope under and over the section on the wrist and wrap it around a second time. Pass the remaining rope under and over both strands on the wrist and wrap it around a third time. Pass the remaining rope under and over the 3 strands on the wrist and wrap it around a fourth time. Tuck both ends under all the strands, pass the ribbon through the loops and tie a bow. Figure 12.


Design by Kerrie Slade

PRECIOSA Rocailles
33139 oo1; 10/o


Preciosa Ornela introduces seed beads from the PRECIOSA Traditional Czech Beads ${ }^{T M}$ brand.



Step 4:
Following step 3, work another 15 rows of ladder stitch. Figure 4.

## 4.

## 

## Materials and tools:

PRECIOSA Rocailles (R10A) 33139 oo1; 10/0; 16A98 red; 5 g

PRECIOSA Rocailles (R10B) 33139 oo1; 10/o; 16A91 orange; 5 g

PRECIOSA Rocailles (R10C) 33139 oo1; 10/0; 16A86 yellow; 5 g

PRECIOSA Rocailles (R10D)
33139 oo1; 10/o; 16A54 green; 5 g
PRECIOSA Rocailles (R10E)
33139 oo1; 10/o; 16A38 blue; 5 g
PRECIOSA Rocailles (R10F)
33139 oo1; 10/o; 16A28 purple; 5 g
PRECIOSA Rocailles (R10G)
33139 oo1; 10/o; 16A26 pink; 5 g

- beading thread; Fireline 4 lb crystal; ribbon; $5-6 \mathrm{~mm}$ width, approximately 80 cm ; scissors, size 10 to 15 beading needles



## Difficulty: -૦૦૦०

Technique: herringbone stitch and ladder stitch

## Procedure:

The total length of the finished rope measures approximately 72 cm but can be made to measure.
Note: the twisted bracelet option creates a bracelet to fit approximately a 16 cm wrist. If a longer length is required, you will either need to add more rows to each block of color or an extra block of color at the end.

## To make the rope:

Step 1:
Thread your needle with a comfortable length of thread (the rope uses a lot of thread so you will need to tie in new lengths as you work) and pick up 2x R1oA. Leaving a 15 cm tail, pass your needle through the first R10A a second time and encourage the two rocailles to sit side by side. Figure 1 .


Step 2:
Working in ladder stitch pick up 2x R10A and pass down the second R10A added in the previous step, up the first R10A added in the previous step and up the first R10A of this row. The two new rocailles should sit neatly on top of the pair added in step 1 . Figure 2.


Step 3:
Pick up 2x R10A and pass down the second R10A added in the previous step, up the first R10A added in the previous step and up the first R10A of this row. Figure 3.

Step 5 :
Holding the two ends of your work together, begin working in herringbone stitch. Pick up $2 \times$ R10A and pass your needle down the second R10A added in the previous row and up the second R10A added in step 1 . Figure 5 a. Pick up $2 \times$ R10A and pass down the first R10A added in step 1, up the first R10A in the last pair added in step 4 and up the first R10A added in this step. Figure 5 band 5 c.
5 a. 5b.


## 5c.



Step 6:
Pick up $2 \times$ R10A and pass down the second R10A added in the previous row and up the third. Figure 6a. Pick up 2x R10A and pass down the fourth R10A added in the previous step, up the first and then up the first R10A added in this step.
Figure 6b and 6c.
7.

## 8.





Step 7 :
Using the same method as step 6, work another 12 rows of herringbone stitch, adding $4 \times$ R10A per row and completing each row by stepping up through the first R10A only of each row. Figure 7.

## 

Step 8:
Using the same method, work another 14 rows of herringbone stitch using R10B. Figure 8.


## Step 9:

Continuing in herringbone stitch work in blocks of color from R10A - R10G in alphabetical order with 14 rows of each color. Repeat the sequence a total of 4 times.

