

Tip: You can also choose different color combinations. You should constantly repeat the order of the colors in this case.


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## PRECIOSA Rocailles

33119 001; 6/o
$1(0) \square$
Preciosa Ornela introduces seed beads from the PRECIOSA Traditional Czech Beads ${ }^{T M}$ brand.


## 2 in 1 bracelet

This 2 in 1 bracelet that can also be used as a scrunchie will always come in handy! Use this simple tutorial to create just such a scrunchie or bracelet. All you need to do is choose the beads or seed beads that you like. We have chosen the vivid seed beads from the PRECIOSA PermaLux collection.

## Materials and tools:

PRECIOSA Rocailles 33119 001; 6/o; 22020 azure

- a thin needle; Opelon beading cord; scissors



## Difficulty:

Technique: peyote spiral stitch

## Procedure:

Step 1
Thread 1.5-2 m of Opelon onto the needle. String 5 seed beads. Leave 15 cm of Opelon free at the end and thread it back through the $1^{\text {st }}$ seed bead again. This will create a little flower. You have now completed 1 row of seed beads



Step 2
Hold the end of the Opelon tightly and start stringing the 2nd row of seed beads. String 1 seed bead and thread the line through the $3^{\text {rd }}$ seed bead from the $1^{\text {st }}$ row (always thread the line through every second seed bead).


String the next seed bead and thread the Opelon through the $5^{\text {th }}$ seed bead from the $1^{\text {st }}$ row.


Tighten. The seed beads from the $2^{\text {nd }}$ row will sit on top of the seed beads from the $1^{\text {s }}$ row. String another 1 seed bead and thread the line through the $1^{\text {st }}$ seed bead from the $2^{\text {nd }}$ row.
Continue stringing in this way and
threading the line through every other seed bead so that the odd number leads to the creation of a further type of spiral stitch.


Add another seed bead and thread the line through the next seed bead but one.


String another seed bead and thread the line through the next seed bead but one. You have finished the 2nd row of seed beads - the second little flower.


Step 3
Continue stringing, so that you create another flower consisting of 5 seed beads. Always add 1 seed bead and thread the line through the next seed bead but one as in the first two rows. Keep adding seed beads until you reach the required length of the bracelet.


Step 4
Once you have reached the required length, it is necessary to join the first and last rows of seed beads. You will no longer need to add any seed beads. Find the seed bead that the end of the Opelon is coming from and thread the needle through the seed bead located directly next to the seed bead with the end of the Opelon.


Step 5
Then thread the line trough the next seed bead but one on the other end of the bracelet.


Step 6
Once again, thread the line through the next seed bead but one on the opposite side of the bracelet. Do the same again on the other side of the bracelet. Now, all that is left is to tighten both ends and tie them off with two knots.


