



**BE SQUARE CUFF**  
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Square stitch a statement in geometric style with Tila beads and size 10° Delicas. Make it custom-sized by adjusting how many rows of Delicas you add at each end. Finish with the ultimate in classy closures—a BeadSlide™ clasp.

**Technique illustrated:** Square stitch

**Technique to know:** Ending and adding thread

**Skill level:** Advanced beginner and up

**Materials for single cuff:**

7.2g Tila beads color A (background)  
7.2 Tila beads color B (frame)  
7.2 Tila beads color C (center of frame)  
7g Size 10° Delica beads

1 29mm BeadSlide clasp  
Fireline.006 Beading  
needles  
Scissors or Thread Zap

## SQUARE STITCH ALTERNATING ROWS OF TILAS AND DELICAS

Refer to the Chart to create the pattern of five “frames” with center contrasting color Tila beads. You can choose to use any color as the base, frame and center accents.

**TIP:** Do not pull the rows too tight to each other or the Tila beads may overlap the Delicas.

1. String a needle on a 1.5 yd. (about 1.25M) piece of thread. Place a stopper bead leaving a 15-inch (38cm) tail. String 1 Tila and 3 Delicas to the stopper bead. Sew through the Tila again (Figure 1). String another Tila and 3 Delicas, and sew through the Tila again (Figure 2).
2. Repeat for a total of 5 Tila beads and 15 Delicas (Figure 3).
3. Reinforce the rows: Sew through the entire row of Delicas, through the row of Tilas, and through the row of Delicas again (Figure 4). Make sure you don't skip any beads.
4. String 1 Tila, sew back through the previous 3 Delicas and through the Tila just added. Repeat to add five new Tilas to the existing row of Delicas—NOTE THE COLOR CHANGE TO START THE FIRST FRAME ELEMENT. You add one Tila to each trio of Delicas (Figure 5).
5. Reinforce the rows: Sew through the previous row (Delicas) and the row just added (Tilas). Exit the last Tila and sew through the unstitched holes, through the entire row (Figure 6).
6. String 3 Delicas. Sew through the first Tila just exited and through the Delicas just strung. Repeat across the row to add 3 Delicas under each Tila (Figure 7).
7. Reinforce the rows: Sew through the entire previously strung row of Tilas and out the new row of Delicas just added (Figure 8).
8. Continue to square stitch and reinforce alternating rows of Tila beads and Delicas,
9. Measure the cuff around your wrist. Allow  $\frac{1}{2}$  inch for the BeadSlide clasp, and determine how much more length is needed. The ends of the cuff will be worked using single bead square stitch with rows of Delica beads. Every two rows added at each end adds another  $\frac{1}{4}$  inch (12mm) to the total length.
10. Work just Delica beads in single bead square stitch for the same number of rows at both ends to your desired length (Figure 9). Reinforce after adding each new row (Figure 10). Keep in mind that the very last row at each cuff end will be enclosed inside the clasp. Three rows of Delicas at each end as illustrated on the chart makes a cuff about  $6\frac{5}{8}$  inches (70cm) when closed. **NOTE:** It is better to work a row or two at each end and re-measure, rather than make it too long.
11. Carefully widen the BeadSlide tube *slightly* with round nose pliers. Gently ease it over the last row on each end. No need to close the tube, it should stay put. Close the end tabs.

